Township of Langley

Est. 1873

SENIORS ADVISORY COMMITTEE

Wednesday, May 18, 2022 at 7:00pm
Langley Regional Airport
#300, 5385-216 Street
Langley, BC

MINUTES

Present:
S. Hedao, Community Co-Chair
Councillor P. Arnason, Council Co-Chair

L. George, M. Kramer, S. Martin, L. Solomon, and G. Wong

Fraser Health Representative:
C. Chandra

Staff:
N. McGarvey, Assistant Manager, Parks Design and Development
P. Ward, Strategic/Social Planner
K. Stepto, Recording Secretary

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – May 18, 2022

Moved by L. George,
Seconded by S. Martin,
That the Seniors Advisory Committee approve the agenda and receive the agenda items of the May 18, 2022 meeting.
CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – April 20, 2022

Moved by L. George,
Seconded by S. Martin,
That the Seniors Advisory Committee adopt the Minutes of the April 20, 2022 meeting.
CARRIED

C. DELEGATIONS AND PRESENTATIONS

1. Aldergrove Gateway

N. McGarvey, Assistant Manager, Parks Design and Development, led the committee in an engagement opportunity to provide feedback on the civic space at 27030 Fraser Highway. The session included a discussion on:

- Understanding perceptions of Aldergrove's existing assets and gaps; and
- Generating ideas for the best possible uses for the Aldergrove Gateway Site considering Aldergrove's gaps and future conditions (population change, climate change etc.)

D. REPORTS

1. Co-Chairs Report

Councillor Arnason reported that Council adopted SAC's motion from the April meeting asking Council to consider increasing the proportion/percentage of adaptable units in new apartment developments. The matter was referred to staff to consider as part of the adaptable housing policy review.

E. CORRESPONDENCE

F. WORK PROGRAM

1. Community Health

The committee discussed opportunities to implement related information-sharing and advocacy actions in the Age- and Dementia-friendly Action Plan (see below).

- Age- and Dementia-friendly Action Plan Action 4D: Convene health authority, social service organizations, and community members to share information and explore opportunities for more effective referrals and access to appropriate healthcare and support services.
- Age- and Dementia-friendly Action Plan Action 4F: Advocate for affordable non-medical services (e.g. housecleaning, home, and yard maintenance).
- Age- and Dementia-friendly Action Plan Action 4G: Advocate for financial support for family or informal caregivers.

The following comments were provided:

- Fraser Health provides referral services for family doctors to refer patients to community nurses, home health care, social workers, day programs, and respite care.
- Transportation services are provided through private organizations.
- "Social prescribing" is an approach that seeks to connect people with community resources such as social events, fitness classes, and social services (non-medical services). The Langley Senior Resources Society (LSRS) and Langley Seniors in Action are providing social prescribing

F. WORK PROGRAM

through a staff person who works to offer referrals to these types of support.

- "Better At Home" provides a variety of services funded by the Government of BC through the United Way that help older adults remain at home longer. Langley is currently offering, through the LSRS: transportation, grocery shopping and delivery, light housekeeping, and friendly visiting.
- Financial resources and information are provided by "Family Caregivers of British Columbia".
- Langley Seniors in Action is considering how they can better educate seniors/caregivers about financial services and opportunities.
- The Township's Age-friendly Businesses Recognition Program could target trades persons and landscapers to help people age in place.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. 2022 SAC Meeting Schedule

The committee had discussed at previous meetings the possibility of having an additional meeting in the summer due to the shortened meeting schedule this year. Staff confirmed that there were enough members who indicated they could attend a meeting on July 20 in order to meet quorum.

MOTION
Moved by G. Wong,
Seconded by L. Solomon,
That the Seniors Advisory Committee have an additional meeting on July 20, 2022 at 7:00pm at the Langley Regional Airport.
CARRIED

I. NEXT MEETING

Date: June 15, 2022
Location: Langley Regional Airport
#300, 5385-216 Street
Time: 7:00 pm

J. TERMINATE

The meeting terminated at 9:05pm.

CERTIFIED CORRECT:

Community Representative Co-Chair

Council Representative Co-Chair