Township of Langley

Est. 1873

SENIORS ADVISORY COMMITTEE

Wednesday, June 15, 2022 at 7:00pm
Langley Regional Airport
#300, 5385-216 Street
Langley, BC

A G E N D A

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – June 15, 2022

Recommendation that the Seniors Advisory Committee approve the agenda and receive the agenda items of the June 15, 2022 meeting.

B. ADOPTION OF MINUTES

1-4

1. Seniors Advisory Committee – May 18, 2022

Recommendation that the Seniors Advisory Committee adopt the Minutes of the May 18, 2022 meeting.

C. DELEGATIONS AND PRESENTATIONS

1. Multimorbidity and Socioeconomic Deprivation among Older Adults

Invited presenter: A. Shashank, Doctoral Candidate, Department of Geography, Simon Fraser University

D. REPORTS

1. Co-Chairs Report

E. CORRESPONDENCE

Page

F. WORK PROGRAM

1. Extreme Heat

Committee update and discussion.

2022 SAC Work Plan Item #8: Impact of climate change and extreme weather on seniors

- Age- and Dementia-friendly Action Plan Action 2M: Seek ways to further engage older adults, people living with dementia, and caregivers in emergency preparedness programs, and ensure updates to emergency response guidelines are inclusive of the full diversity of residents.

5-6

2. Space to Connect (Phase 1)

Committee discussion on draft project terms of reference.

2022 SAC Work Plan Item #4: Seniors' centres

- Age- and Dementia-friendly Action Plan action 5D: Map and inventory community gathering places with a view of identifying gaps and opportunities.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

I. NEXT MEETING

Date: July 20, 2022
Location: Langley Regional Airport
#300, 5385-216 Street
Time: 7:00 pm

J. TERMINATE

Township of Langley
Est. 1873

SENIORS ADVISORY COMMITTEE

Wednesday, May 18, 2022 at 7:00pm
Langley Regional Airport
#300, 5385-216 Street
Langley, BC

MINUTES

Present:
S. Hedao, Community Co-Chair
Councillor P. Arnason, Council Co-Chair

L. George, M. Kramer, S. Martin, L. Solomon, and G. Wong

Fraser Health Representative:
C. Chandra

Staff:
N. McGarvey, Assistant Manager, Parks Design and Development
P. Ward, Strategic/Social Planner
K. Stepto, Recording Secretary

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – May 18, 2022

Moved by L. George,
Seconded by S. Martin,
That the Seniors Advisory Committee approve the agenda and receive the agenda items of the May 18, 2022 meeting.
CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – April 20, 2022

Moved by L. George,
Seconded by S. Martin,
That the Seniors Advisory Committee adopt the Minutes of the April 20, 2022 meeting.
CARRIED

C. DELEGATIONS AND PRESENTATIONS

1. Aldergrove Gateway

N. McGarvey, Assistant Manager, Parks Design and Development, led the committee in an engagement opportunity to provide feedback on the civic space at 27030 Fraser Highway. The session included a discussion on:

- Understanding perceptions of Aldergrove's existing assets and gaps; and
- Generating ideas for the best possible uses for the Aldergrove Gateway Site considering Aldergrove's gaps and future conditions (population change, climate change etc.)

D. REPORTS

1. Co-Chairs Report

Councillor Arnason reported that Council adopted SAC's motion from the April meeting asking Council to consider increasing the proportion/percentage of adaptable units in new apartment developments. The matter was referred to staff to consider as part of the adaptable housing policy review.

E. CORRESPONDENCE

F. WORK PROGRAM

1. Community Health

The committee discussed opportunities to implement related information-sharing and advocacy actions in the Age- and Dementia-friendly Action Plan (see below).

- Age- and Dementia-friendly Action Plan Action 4D: Convene health authority, social service organizations, and community members to share information and explore opportunities for more effective referrals and access to appropriate healthcare and support services.
- Age- and Dementia-friendly Action Plan Action 4F: Advocate for affordable non-medical services (e.g. housecleaning, home, and yard maintenance).
- Age- and Dementia-friendly Action Plan Action 4G: Advocate for financial support for family or informal caregivers.

The following comments were provided:

- Fraser Health provides referral services for family doctors to refer patients to community nurses, home health care, social workers, day programs, and respite care.
- Transportation services are provided through private organizations.
- "Social prescribing" is an approach that seeks to connect people with community resources such as social events, fitness classes, and social services (non-medical services). The Langley Senior Resources Society (LSRS) and Langley Seniors in Action are providing social prescribing

F. WORK PROGRAM

through a staff person who works to offer referrals to these types of support.

- "Better At Home" provides a variety of services funded by the Government of BC through the United Way that help older adults remain at home longer. Langley is currently offering, through the LSRS: transportation, grocery shopping and delivery, light housekeeping, and friendly visiting.
- Financial resources and information are provided by "Family Caregivers of British Columbia".
- Langley Seniors in Action is considering how they can better educate seniors/caregivers about financial services and opportunities.
- The Township's Age-friendly Businesses Recognition Program could target trades persons and landscapers to help people age in place.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. 2022 SAC Meeting Schedule

The committee had discussed at previous meetings the possibility of having an additional meeting in the summer due to the shortened meeting schedule this year. Staff confirmed that there were enough members who indicated they could attend a meeting on July 20 in order to meet quorum.

MOTION
Moved by G. Wong,
Seconded by L. Solomon,
That the Seniors Advisory Committee have an additional meeting on July 20, 2022 at 7:00pm at the Langley Regional Airport.
CARRIED

I. NEXT MEETING

Date: June 15, 2022
Location: Langley Regional Airport
#300, 5385-216 Street
Time: 7:00 pm

J. TERMINATE

The meeting terminated at 9:05pm.

CERTIFIED CORRECT:

Community Representative Co-Chair

Council Representative Co-Chair

Spaces to Connect – Phase 1

DRAFT Project Terms of Reference

Introduction

Social connectedness is vital to thriving communities. The benefits of strong social connections in community include increased neighbourhood safety, improved health, and enhanced resilience.

"Community-serving gathering places" play an important role in facilitating social connectedness and are an integral part of complete communities. These places provide physical space for informal social interaction and community-based programming. The purpose of the *Spaces to Connect – Phase 1* project is to better understand the availability and accessibility of "community-serving gathering places" in the Township, with a view of identifying gaps and opportunities.

Policy Context

Social Sustainability Strategy:

Action 2B: Address community space needs through initiatives such as:

- preparing and publishing an inventory of low-cost space available for community use, and working with local organizations, including FVRL, School District 35, local businesses, and strata corporations to explore opportunities to make more space available for community use
- exploring opportunities to support community hubs that offer a range of community programs, services, and gathering places
- exploring smaller neighbourhood-based centres with amenities like exercise equipment, games areas, and meeting space

Age- and Dementia-friendly Action Plan:

Action 5D: Map and inventory community gathering places with a view of identifying gaps and opportunities.

Project Scope

The *Spaces to Connect* project will focus on "community-serving gathering places" – public and non-profit spaces that are primarily intended for social interaction and social programs (e.g., community meeting spaces, multi-purpose rooms, and spaces with seating and/or games). As shown in the figure, "community-serving gathering places" are part of a broader network of "community gathering places" that also include private spaces like coffee shops, restaurants, and banquet halls. "Community gathering places" then form part of a broader social infrastructure that includes spaces for learning, child care, and health, among others.



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While recognizing that outdoor plazas, parks, and even street corners provide opportunities for social connection, *Spaces to Connect – Phase 1* will focus on spaces that can comfortably used through all seasons in all but the most extreme weather conditions. The following types of spaces are anticipated to be within the scope of the project:

- Multi-purpose rooms, meeting rooms, and other social gathering areas in community / recreation centres
- Meeting rooms and other social gathering areas within libraries
- Community halls and neighbourhood hubs (e.g., legions)
- Community kitchens
- Seniors and youth centres
- Community-serving spaces within places of worship and public schools
- Sheltered areas in parks

For clarity, virtual / digital spaces are out of scope.

Scope of Work

Phase 1 of the *Spaces to Connect* project is primarily a desktop exercise focused on research and analysis. There may be a need for some consultation with stakeholder groups to support the research.

The three main work components are as follows:

1. Mapping, Data Collection, and Analysis

- Map and inventory existing (and planned) community-gathering places (include contact information for a potential future list of no / low-cost space available for community use)
- Gather information on accessibility/availability of the space (e.g., capacity, current usage rates and, if applicable, admission / rental fees)
- Assess the accessibility of the space from geographic and social equity perspectives (e.g., space per capita, demographic and socio-economic considerations, and multimodal accessibility)

2. Promising Practices Research

- Case studies for co-location (e.g., community-serving gathering places and housing) and shared use, including intergenerational spaces (e.g., combined youth and seniors centres)
- Case studies of smaller neighbourhood-based centres with amenities like exercise equipment, games areas, and meeting space
- Opportunities for local governments to support community-serving gathering places (e.g., municipal scan), which may include convening, planning, financial supports, and advocacy
- Opportunities for embedding equity considerations into future work and priority setting

3. Observations, Implications, and Recommendations for Future Work

- May include, but is not limited to:
    - Ways to increase access to public sector space (e.g., community schools model)
    - Opportunities to support non-profits with office space (e.g., shared use spaces)
    - Opportunities to address specific community-serving space gaps (e.g., culturally-safe Indigenous spaces)
    - Ways to assess spaces that may be at-risk (e.g., disrepair, redevelopment and/or funding challenges)

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