SENIORS ADVISORY COMMITTEE

Wednesday, December 20, 2023 at 7:00pm
Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC

A G E N D A

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORIES OF THE COAST SALISH PEOPLES

Page

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – December 20, 2023

Recommendation that the Seniors Advisory Committee approve the agenda and receive the agenda items of the December 20, 2023 meeting.

B. ADOPTION OF MINUTES and RECEIPT OF NOTES

1-5 **1. Seniors Advisory Committee – September 20, 2023**

Recommendation that the Seniors Advisory Committee adopt the Minutes of the September 20, 2023 meeting.

6-9 **2. Seniors Advisory Committee – October 18, 2023**

Recommendation that the Seniors Advisory Committee receive the Notes of the October 18, 2023 meeting.

C. DELEGATIONS AND PRESENTATIONS

10 **1. Primary Care Network**

Invited presenter: Ellen Peterson, Executive Director, Langley Division of Family Practice

D. REPORTS

1. Co-Chair Reports

E. CORRESPONDENCE

F. WORK PROGRAM

11-12 **1. Seniors Advisory Committee 2023 Annual Report**

Recommendation that the Seniors Advisory Committee receive and endorse the SAC 2023 Annual Report and ask staff to forward to Council.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. Committee Member Updates

I. NEXT MEETING

Date: Wednesday, January 17, 2024
Location: Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC
Time: 7:00pm

J. TERMINATE

Township of Langley

Est. 1873

SENIORS ADVISORY COMMITTEE

Wednesday, September 20, 2023 at 7:00pm
Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC

MINUTES

Present:
Councillor S. Ferguson, Council Co-Chair

S. Baker, S. Bennett, P. Chhina, S. Soheili, S. Thompson, and T. Taylor

Staff:
A. Jensen, Manager, Strategic and Social Planning
J. Lowe, Project Manager, Parks Design and Development,
S. Maleska, Sustainability Programs Specialist, Sustainability
K. Stepto, Recording Secretary

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORIES OF THE COAST SALISH PEOPLES

Councillor Ferguson acknowledged the Traditional Territories of the Coast Salish Peoples.

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – September 20, 2023

Moved by S. Baker,
Seconded by S. Soheili,
That the Seniors Advisory Committee approve the agenda and receive the agenda items of the September 20, 2023 meeting.
CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – June 21, 2023

Moved by S. Soheili,
Seconded by P. Chhina,
That the Seniors Advisory Committee adopt the Minutes of the June 21, 2023 meeting.
CARRIED

C. DELEGATIONS AND PRESENTATIONS

1. Extreme Heat Planning Study: Langley Cool Parks

J. Lowe, Project Manager, Parks Design and Development, and S. Maleska, Sustainability Programs Specialist, Sustainability, provided a presentation on Langley's Cool Parks, a heat and shade study of six Township of Langley parks that will result in Cool Parks Guidelines. They noted that a summary report will be developed soon and presented to Council. The following information was provided:

Project Background

- Council declared a Climate Emergency in 2019 and the Climate Action Strategy was adopted in 2021. The public placed Green Space and Ecosystems, and Health and Emergency Preparedness as first and third most important priority areas.
- "Langley's Cool Parks" received a $30,000 grant through the Provincial Emergency Preparedness Fund for Extreme Heat Risk Mapping, Assessment and Planning.

Applicable actions from the Climate Action Strategy

- Implement shading features in public parks, greenways, and active transportation corridors.
- Update Langley's Emergency Response Guidelines for extreme heat events.
- Explore enhanced opportunities for cooling outdoor spaces.
- Increase quantity of permanent public drinking fountains.
- Purchase and maintain a portable water station and misters.

2021 Heat Dome

- Record daytime temperatures over 40c.
- 23 deaths in Langley.
- Climate change increasing risk and likelihood of extreme heat events.

The Case for adapting to Extreme Heat

- Over a quarter of all 2021 heat wave deaths occurred in neighbourhoods that had poorer quality housing, lower incomes, less green space, and less recreation opportunities.
- Without action on adaptation there could be an average of 1,370 heat-related deaths in Canada per year by 2030.
- Proactive adaptation interventions like urban greening and mechanical cooling can reduce the annual cost of heat-related hospitalizations by up to 30% by mid-century.

Project Background - Parks

- The Township of Langley is home to over 600 parks covering 811 hectares.
- Parks can provide a cool refuge within suburban neighbourhoods.
- The Township is well-positioned to provide cool refuges at parks, while also cooling down nearby neighbourhoods.

C. DELEGATIONS AND PRESENTATIONS

Context of Study

- Chose six parks to study from the most densely populated neighbourhoods:
  - Fort Langley Community Park (Fort Langley)
  - Walnut Grove Community Park (Walnut Grove)
  - Noel Booth Park (Brookswood)
  - Routley Park (Willoughby)
  - Denny Ross Memorial Park (Murrayville)
  - Philip Jackman Park (Aldergrove)
- An audit was done to assess the amount, type, and quality of shade, cooling, and hydration available at each park with a focus on accessibility.

Next steps

- Present Case Study and Report to Council.
- Provide a summary report to SAC.

D. REPORTS

1. Co-Chair Reports

Councillor Ferguson reported that Council will soon be discussing the budget and that several projects are underway throughout the Township.

E. CORRESPONDENCE

F. WORK PROGRAM

1. 2023 Work Plan - Update

A. Jensen provided the following update:

- Council approved a work plan for the Primary Care Network at their July meeting.
- An “Intergenerational Programming Workshop” in support of the Skills and Stories Project was hosted by the Township. Staff will provide an update on this project in the October SAC meeting.
- Staff are working on policy updates for Accessible and Affordable Housing which will include a Detached Suite Policy.
- Staff are also working on Inclusionary Zoning policies to propose that a number of units in new builds be provided at below market value.

2. Senior’s Tea

The committee briefly discussed the potential of a Senior’s Tea and suggested that an event held during Senior’s Week in June would be appropriate. Some

F. WORK PROGRAM

members of the committee expressed interest in being part of a working group to plan the event. A. Jensen will contact the TOL events staff to find out more information regarding this event.

3. Seniors Recreational Pass

As a follow-up to a question raised at the June 21 SAC meeting, A. Jensen reported that the Township is comparable to surrounding municipalities in regard to a Seniors Recreational Pass. The Township goes one step further by providing an additional discount for those 80+ which most other municipalities do not. A. Jensen will compile the information and present it at the October meeting.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. Committee Member Updates

S. Baker reported that she attended a workshop with the United Way where they discussed collaboration with municipalities and other stakeholders.

S. Bennet reported that Inclusion Langley is doing a food drive.

L. Solomon reported that the Langley Seniors Centre has completed their Strategic Planning Process and some key findings were as follows:

- The community would like to see the Centre be more inclusive and diverse.
- The Centre should be more involved with providing information to seniors regarding how to access the different services offered in the community.
- The community would like to see the services provided in all areas of the Township, not just in the City of Langley.
- The community would like the Centre to re-focus on fragile seniors and outreach services.

I. NEXT MEETING

Date: Wednesday, October 18, 2023
Location: Salmon River Committee Room
4th Floor, 20338 - 65 Avenue, Langley, BC
Time: 7:00pm

J. TERMINATE

Moved by S. Soheili,
Seconded by S. Thompson.
That the meeting terminate at 8:57pm.
CARRIED

CERTIFIED CORRECT:

Community Representative Co-Chair	Council Representative Co-Chair

Township of Langley

Est. 1873

SENIORS ADVISORY COMMITTEE

Wednesday, October 18, 2023 at 7:00pm
Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC

NOTES

Present:
Councillor S. Ferguson, Council Co-Chair

S. Baker, S. Bennett, P. Chhina, L. Solomon, and T. Taylor

Staff:
A. Jensen, Manager, Strategic and Social Planning
M.Gunn, Planner 1, Community and Policy Planning
A. Reeve,
K. Stepto, Recording Secretary

As no quorum was present, Notes only were taken.

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORIES OF THE COAST SALISH PEOPLES

Councillor Ferguson acknowledged the Traditional Territories of the Coast Salish Peoples.

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – October 18, 2023

The Seniors Advisory Committee received the agenda and receive the agenda items of the October 18, 2023 meeting.

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – September 20, 2023

The Seniors Advisory Committee received the Minutes of the September 20, 2023 meeting.

C. DELEGATIONS AND PRESENTATIONS

1. Aldergrove Food Systems Project

C. DELEGATIONS AND PRESENTATIONS

M. Gunn, Planner 1, Community and Policy Planning, provided a presentation regarding the Aldergrove Food Systems Project. This project derived from the Social Sustainability Strategy, priority 3E: "Develop a food strategy that complements the Agricultural Viability Strategy and explores opportunities to increase access to healthy, safe, culturally appropriate, and local food." The Agricultural Viability Strategy also identifies actions to support local agriculture by promoting "Buy Local" and the BC Land Matching Program.

Aldergrove was chosen as the pilot project community because the "Let's Talk Aldergrove" group had already been established. This is a working group of non-profit organizations that provide food to the community. The project will also partner with Langley Meals on Wheels.

The goals of the project are to:

- Identify the barriers to, and opportunities for, community food security and food access in the area
- Identify existing food assets in the community
- Raise public awareness about food security in the community
- Identify champions who will support the implementation of the recommendations of the Food Systems pilot project.

An Asset Map is being prepared of local food assets which are components of the local food system. Some examples of assets include:

- Emergency food providers (foodbanks)
- Community meal programs
- Community gardens
- Local food retailers
- School food programs

Community engagement will occur which includes selected interviews with key stakeholders and surveys for food assistance clientele and the broader community.

The project will wrap up in early 2024.

D. REPORTS

1. Co-Chair Reports

Councillor Ferguson reported that three new ice floors and two dry floors will be built at the Langley Events Centre, and that a new soccer facility will be built in Willoughby.

E. CORRESPONDENCE

F. WORK PROGRAM

1. Intergenerational Skills and Stories Project

A. Reeve, Planning Assistant, provided an update on the Seniors' Skills and Stories Project. She noted that this action came from the Age- and Dementia-friendly Action Plan, Priority 1: Civic Participation and Employment, and the Social Sustainability Strategy, Priority 2: Belonging.

The Township received a $15,000 Age-friendly Communities Grant.

The Project is a series of activities that give older adults opportunities to share skills and stories. It is delivered by local non-profit organizations and is to be completed by December 2023.

Best Practices include:

1. Useing Partnerships
2. Seeking input for planning
3. Preparing participants
4. Fostering personal connections
5. Aiming for program longevity

Through the Expression of Interest, three organizations were chosen to grant the funds to:

- Lower Fraser Valley Aboriginal Society - $5,000 – intergenerational programs including mentorship, teaching traditional crafts, and supporting young families.
- Langley Environmental Partners Society - $3,500 – "Repair Cafes" where volunteers of various ages use their unique skills to repair household items.
- Langley Meals on Wheels - $4,900 – engaging seniors as mentors in an array of volunteer opportunities for youth centered on cooking, preserving food, and gardening.

Training includes:

- Intergenerational Sensitivity Training - $1,200 – half-day hybrid workshop to help program providers know how to prepare younger and older generations for interacting with each other.
- Peer Learning Session - $100 – One-hour session of sharing past and present experiences and identifying opportunities for collaboration.
- Program Planning Training - $300 – Funding for non-profit staff to attend two dates of training from BC Council for Families.

Lessons Learned:

- Organizations are been keen to provide intergenerational programming and already have some form of it.

Next steps:

- Organizations to report back in December. Report will go to BC Healthy Communities in January.

F. WORK PROGRAM

2. Primary Care Network – Update

A. Jensen reported that Council adopted a Primary Care Network in July. E. Peterson will provide a presentation regarding the Network at the December SAC meeting.

3. Seniors Recreational Pass

A. Jensen presented a comparison for admission fees for seniors between five municipalities.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. Committee Member Updates

S. Bennett reported that Inclusion Langley held a food drive at the end of September that that the Langley Christmas Bureau will be holding a Toy Drive on December 7.

S. Baker reported that she will be stepping down as the Executive Director of the BC Community Response Network at the end of March 2024.

P. Chinna reported that the roof at Aldergrove Park where seniors gather is almost complete.

I. NEXT MEETING

Date: Wednesday, November 15, 2023
Location: Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC
Time: 7:00pm

J. TERMINATE

The meeting terminated at 8:20pm.

CERTIFIED CORRECT:

Community Representative Co-Chair

Council Representative Co-Chair

C.1. Primary Care Network Workplan

No.	Workplan Item	Lead Department
1	Invite representatives from FHA to present to Council and provide an update on health services planning and delivery in the Township of Langley	Legislative Services
2	Continue to communicate Township facility rental information, including the lower rental rates available for non-profit organizations	Recreation
3	Consider opportunities to develop space in new facilities that could be made available (at market value) for health care services and training	Facilities Planning and Construction
4	Re-establish recurring staff liaison meetings with FHA to share information that supports local health services planning (including community-level growth trends and projections), and identify further opportunities for collaboration[1]	Community and Policy Planning
5	Collaborate with FHA to reconvene Langley Healthier Community Partnership Steering Council (or similar) meetings, and/or use other avenues to engage with FHA for the purposes of using data and health expertise to inform policy	Community and Policy Planning
6	Ensure non-profit organizations engaged in health services, including the LDFP, are informed of community-level growth trends and forecasts to support service planning and delivery (e.g., share information at recurring community meetings or convene a data sharing event)	Community and Policy Planning
7	Continue to promote the Township's Development Activity webpage as a way for interested individuals and organizations to learn about in-stream development applications with potential space for health services	Development Services
8	Ensure a representative from FHA is invited to participate on community planning project teams to support the implementation of healthy built environment principles and provide input on potential health services needs, and ensure that broader community engagement process include non-profit organizations engaged in health services, including the LDFP	Community and Policy Planning
9	In collaboration with the Langley Division of Family Practice (LDFP), explore additional opportunities to support health care professional recruitment and retention	Community and Policy Planning
10	Explore opportunities to facilitate the development of coordinated health services in neighbourhood centres through neighbourhood plan policy initiatives	Community and Policy Planning

[1] Staff liaison meetings with Fraser Health Authority were occurring regularly prior to COVID-19.

SENIORS ADVISORY COMMITTEE
2023 ANNUAL REPORT TO COUNCIL

INTRODUCTION

This report responds to the requirement that Advisory Committees prepare an annual report for Council's information, which includes a summary of the activities undertaken in the current year, any suggestions for revisions to the Advisory Committee's current terms of reference and/or mandate, and the proposed work plan for the following year and budget requirements.

PURPOSE OF THE SENIORS ADVISORY COMMITTEE

As outlined in the Seniors Advisory Committee (SAC) terms of reference, the purpose of the Committee is to:

- represent the Township of Langley seniors' perspectives on municipal and other key seniors' issues;
- provide a voice for Township of Langley seniors, exchanging information about current issues and emerging concerns;
- provide input to Township of Langley staff as requested;
- work toward identified goals as outlined in an annual work plan; and
- make recommendations to Council on related matters.

MEMBERSHIP AND STAFF SUPPORT

The 2023 SAC included ten (10) voting members, as follows:

S. Baker
S. Bennett
P. Chhina
S. Hedao (Community Co-Chair)
K. Mackie
S. Soheili
L. Solomon
T. Taylor (youth representative)
S. Thompson
M. Vizcaino

And three (3) non-voting members:

Councillor P. Arnason (Council Co-Chair)
Councillor S. Ferguson (Council Co-Chair)
C. Chandra and T. Murphy, Fraser Health Authority representatives

The Committee was supported by:

K. Stepto, Council and Committee Clerk
A. Jensen, Manager, Strategic and Social Planning

SUMMARY OF ACTIVITIES

In keeping with its terms of reference and the 2023 work plan, the SAC:

- received a Council referral regarding sidewalks and potholes near Fernridge Manufactured Home Park and discussed incorporating the discussion into the 2023 work plan.
- received a presentation from staff on the Seniors' Skills and Stories Project. It was noted that the Township received grant funding for the project which originated from the Age- and Dementia-friendly Action Plan, Priority 1, Action H which states: "explore additional opportunities to share skills and stories across generations". The Social Sustainability Strategy, Priority 2, Action E also states: "conduct research and pilot innovative programs, initiatives, and events that foster intergenerational, intercultural, and urban-rural connectedness".
- discussed the "BC Care Providers Association – Intergenerational Guide and Toolkit", and what the committee would want to see in a supplementary guide.
- received an update presented by staff on Phase 1 of the Spaces to Connect project along with the Terms of Reference. It was noted that this item is related to "project No. 3: Social gathering places for seniors" on the 2023 work plan, which was shaped by the work of the committee from the previous year. Two (2) case studies were presented, and discussion ensued around potential spaces and opportunities for intergenerational programs within the Township.
- received a presentation from M. Larson, who provided an overview of the Age- and Dementia-friendly Action Plan, work completed to date, challenges, emerging issues and the next steps. The presentation highlighted how dementia-friendly communities can complement age-friendly initiatives by adding nuance and depth with respect to the needs of people living with dementia.
- received an update on the 2023 work plan. An overview and progress update was provided for the seven (7) work plan items. Notable item included the Transportation and Mobility Strategy, which was related to Work Plan item #5 "Mobility".
- discussed an update to the Seniors page on the website and the inclusion of a link to the Volunteer Bureau to enhance volunteer opportunities and intergenerational participation.
- received a presentation from staff on Langley's Cool Parks Project, a heat and shade study of six (6) Township of Langley parks that will result in Cool Park Guidelines.
- received a work plan update and noted progress to date including the endorsement of the Primary Care Network work plan, an "Intergenerational Programming Workshop" was hosted by the Township in support of the Skills and Stories Project, and work was underway on a Detached Suite Policy.
- discussed a Seniors' Tea with a suggestion that an event be held during Seniors' Week in June.
- received an update on the cost of Seniors Recreation Passes and how they compare to surrounding municipalities.

RECOMMENDED REVISIONS TO THE COMMITTEE'S TERMS OF REFERENCE

No changes are recommended to the committee's terms of reference for 2024.

PRELIMINARY WORK PLAN ITEMS FOR 2023

SAC work plan items for 2024 will be guided by recommended actions identified in the Age- and Dementia-friendly Action Plan. Pursuant to Council Advisory Committee Establishment Bylaw No. 4700, a more detailed and prioritized 2024 work plan will be submitted to Council in 2024.