Township of Langley

Est. 1873

SENIORS ADVISORY COMMITTEE

Wednesday, March 20, 2024 at 7:00pm
Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC

A G E N D A

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A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – March 20, 2024

Recommendation that the Seniors Advisory Committee approve the agenda and receive the agenda items of the March 20, 2024 meeting.

B. ADOPTION OF MINUTES

1-5

1. Seniors Advisory Committee – February 21, 2024

Recommendation that the Seniors Advisory Committee adopt the Minutes of the February 21, 2024 meeting.

C. DELEGATIONS AND PRESENTATIONS

D. REPORTS

1. Council Co-Chair Report

E. CORRESPONDENCE

F. WORK PROGRAM

1. 2024 Work Plan Discussion

Invited facilitator: M. Larson, Gerontologist, B.A, PBD

2. Housing

Standing item for discussion

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G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. 2021 Census Data

To be provided on table.

2. SAC Photo

I. NEXT MEETING

Date: Wednesday, April 17, 2024
Location: Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC
Time: 7:00pm

J. TERMINATE

Township of Langley

Est. 1873

SENIORS ADVISORY COMMITTEE

Wednesday, February 21, 2024 at 7:00pm
Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC

M I N U T E S

Present:
Councillor T. Baillie, Council Co-Chair
S. Baker, Community Co-Chair

S. Bennett, S. Hedao, K. Ludlam, A. Nierop, S. Soheili, S. Tingley

In Attendance:
A. Chin, Fraser Health

Staff:
A. Jensen, Manager, Strategic and Social Planning
M. Gunn, Planner
C. Quin, Recording Secretary

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORIES OF THE COAST SALISH PEOPLES

S. Hedao acknowledged the Traditional Territories of the Coast Salish Peoples.

Code of Ethics Signing

Members to signed the *"Code of Ethics, Confidentiality, and Conflict of Interest for Council Members and Appointees".*

Election

S. Baker nominated S. Soheili to be the Community Co-Chair for 2024.
S. Hedao seconded the nomination.

S. Soheili nominated S. Baker to be the Community Co-Chair for 2024.
S. Hedao seconded the nomination.

S. Baker was elected Community Co-Chair for 2024 and assumed the position of Chair.

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – February 21, 2024

Moved by S. Bennett,
Seconded by K. Ludlam,

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

That the Seniors Advisory Committee approve the agenda and receive the agenda items of the February 21, 2024 meeting.
CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – December 20, 2023

Moved by S. Bennett,
Seconded by S. Hedao,
That the Senior Advisory Committee adopt the minutes of the December 20, 2023 meeting.
CARRIED

C. DELEGATIONS AND PRESENTATIONS

D. REPORTS

1. Council Co-Chair Report

Councillor Baillie provided a report regarding his concerns with raising numbers of seniors who are unhoused. He continues to research for the growing need of non-profit senior facilities. Many seniors do not have assets to sell, to afford housing suitable housing in their senior years.

Discussion continued regarding the alarming need for senior affordable housing today and the huge concern that the need is growing exponentially. The report titled “Aging in Uncertainty – the Growing Housing Crisis for BC Seniors“, was suggested as a good read and would be circulated to the SAC members.

It was suggested that the Seniors Advisory committee make recommendations to Council to establish a task force for fast-tracking senior affordable housing. If a task force was to be initiated, S. Hedao and K. Ludlam would like to help initiate such a task force.

E. CORRESPONDENCE

F. WORK PROGRAM

1. Orientation to the SAC

A. Jensen provided a presentation to the members regarding the Senior Advisory Committee’s outline, introduction, terms of reference, strategies and action plans, highlights, past year activities, and draft 2024 work program.

F. WORK PROGRAM

A. Jensen reviewed the SAC Terms of Reference, the Township's Age- and Dementia-friendly Action Plan, and the SAC's 2023 Work Plan to the members.

2. 2024 Work Plan

A.Jensen provided the draft 2024 Work Plan to the members and presented an overview of each of the items. Discussions ensued as follows:

- It was suggested that speakers be invited to present to help facilitate a more in depth discussion on a few of the items.
- Staff review the census for data to identify relevant data and trends specific to the Township of Langley, and can review to identify issues related to seniors.
- Working with food banks could offer a Seniors day/morning, as this would benefit social engagement.
- SAC suggested reaching out to United Way to present to the Committee.
- SAC suggested that developers adapt to universal accessibility practices.
- Translink does do a good job at noting mobility concerns with buses and Skytrain.
- A. Jensen suggested SAC could look for organizations to help with promoting awareness and information sharing.
- Suggestion was made to encourage smaller neighbourhoods to initiate wellness checks for seniors.
- BC Seniors Week is approaching and this is good opportunity to highlight ongoing concerns.

S. Baker suggested for the members discuss and prioritize the items. The prioritized items are as follows:

1. Item 5
2. Item 3 and Item 4
3. Item 8 and Item 9
4. Item 6 and Item 7
5. Item 1 and Item 2

MOTION
Moved by S. Bennett,
Seconded by S. Hedao,
That the Seniors Advisory Committee endorse the draft 2024 Work Plan, as amended.
CARRIED

COUNCIL
Moved by K. Ludlam,
Seconded by S. Soheili,
That the Seniors Advisory Committee recommends that Council approve the draft 2024 Work Plan, presented as Attachment A.
CARRIED

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. Terms of Reference

A. Jensen reviewed the Seniors Advisory Committee Terms of Reference.

2. Age- and Dementia-friendly Action Plan

A. Jensen reviewed the Age- and Dementia-friendly Action Plan.

3. 2023 Work Plan

A. Jensen provided a summary of the 2023 Work Plan.

4. 2024 Meeting Schedule

Provided for information.

5. 2024 Membership List

Provided on table.

6. SAC Photo

SAC members decided to postpone photo for next meeting.

I. NEXT MEETING

Date: Wednesday, March 20, 2024
Location: Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC
Time: 7:00pm

J. TERMINATE

Moved by S. Soheili,
Seconded by A. Nierop,
That the meeting terminate at 9:00pm.
CARRIED

CERTIFIED CORRECT:

Community Representative Co-Chair

Council Representative Co-Chair

Seniors Advisory Committee
2024 Work Plan

This document outlines the projects that the Seniors Advisory Committee (SAC) intends to undertake in 2024. In keeping with Committee's Terms of Reference, engagement in these projects may include exchanging information, supporting strategic planning, making recommendations to Council, and providing input to Township staff.

2024 Work Program

PRIORITY AREA 1: HOUSING

Housing and Homelessness

- Identify the housing needs of seniors and review available community supports including an assessment of gaps and barriers to finding suitable housing.

PRIORITY AREA 2: BELONGING

Aging in place

- Explore gaps and barriers to successful aging at home through a lens of Universal Design practices and adaptable housing requirements.

Social Isolation

- Continue to explore opportunities to address social isolation and mental health well-being through initiatives such as intergenerational activities.

PRIORITY AREA 3: COMMUNITY RESOURCES

Age-Friendly Communication

- Explore opportunities to promote ageism awareness or celebrate aging and the contributions of older adults.
- Identify opportunities for inter-committee communications and information-sharing with community organizations.
- Raise awareness of TOL services providing support for seniors.

Information and Technology

- Identify opportunities to overcome the challenges faced by seniors accessing digital technologies (i.e., accessing government services and supports, medical appointments, community supports).

PRIORITY AREA 4: MOBILITY AND SAFTEY

Transportation Mobility and Access

- Continue to provide input into the challenges of navigating TOL through a consideration of mobility and access across a range of transportation modes (i.e., walking, public transit, automobile, parking, mobility scooter, etc.)

Safety and Security

- Identify concerns of safety and security for seniors in the community.
- Provide feedback on needs of seniors in extreme weather events.

PRIORITY AREA 5: HEALTHY LIVING

Health and Well-being

- Review challenges experienced by seniors when seeking social and health services.
- Explore opportunities to address food insecurity among older adults.

Employment for Older Adults

- Explore strategies and actions to encourage the hiring and retention of older workers.