# SENIORS ADVISORY COMMITTEE

Wednesday, April 17, 2024 at 7:00pm
Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC

**MINUTES**

**Present:**
S. Baker, Community Co-Chair

S. Bennett, S. Hedao, K. Ludlam, A. Nierop, T. Taylor, and S. Tingley

**Fraser Health Representative:**
B. Lail

**In Attendance:**
P. Crump, Langley Seniors in Action

**Staff:**
A. Jensen, Manager, Strategic and Social Planning
K. Stepto, Recording Secretary

## A. APPROVAL AND RECEIPT OF AGENDA ITEMS

### 1. Seniors Advisory Committee – April 17, 2024

Moved by S. Bennett,
Seconded by S. Hedao,
That the Seniors Advisory Committee approve the agenda and receive the agenda items of the April 17, 2024 meeting.
**CARRIED**

## B. ADOPTION OF MINUTES

### 1. Seniors Advisory Committee – March 20, 2024

Moved by K. Ludlam,
Seconded by S. Tingley,
That the Seniors Advisory Committee adopt the Minutes of the March 20, 2024 meeting.
**CARRIED**

## C. DELEGATIONS AND PRESENTATIONS

### 1. Kate Ludlam, Executive Director
### Langley Senior Resources Society

K. Ludlam provided a presentation regarding the Langley Senior Recourses Society (LSRS). She noted that LSRS has been providing recreation, education, health, and social programs as well as extensive community services to seniors in Langley for over 40 years. It is a purpose-driven, social service non-profit organization that operates the largest independently owned seniors centre in BC and the largest Adult Day Program in Fraser Health.

The Adult Day Program provides therapeutic recreation, personal care assistance, medical monitoring, a community bathing program, and important respite for caregivers.

The Recreation Centre is 18,000 square feet designed for seniors with a main lounge, a large hall, four general purpose rooms and a snooker room. Clinics provided at the Recreation Centre include: footcare, income tax, law, and flu and falls. Social Clubs include Flying Solo, Changing Gears, and Silver PRIDE. There is also a Tuk Shop and full-service cafeteria.

Community Services has a staff of six and provides assistance with housing, transportation, food insecurity, and navigation of systems and bureaucracies. They also provide a frozen meal program, emergency preparedness, and a seniors in need fund. 1,600 clients were served in 2023.

LSRS has many community partners, including the Township of Langley and the City of Langley, and have over 160 volunteers that help in many different areas such as greeters, drivers, and program leaders.

## D. REPORTS

### 1. Co-Chair Reports

S. Baker reported that she attended the Open House for the Transportation and Mobility Strategy and noted that she reminded the planners to consider seniors' needs when developing the strategy. She further reported that she attended the Volunteer Appreciation Dinner and observed that the stairs leading to the stage did not have handrails. She commented that as many of the people who were receiving awards were seniors, that it was difficult for some of them to navigate the stairs without a railing.

Discussion ensued, and it was suggested that all stages in the Township that have stairs should also have handrails.

## D. REPORTS

**COUNCIL**
Moved by S. Hedao,
Seconded by K. Ludlam,
That the Seniors Advisory Committee recommends that Council direct staff to ensure that all stairs on permanent and temporary raised structures (ie stages) in the Township have handrails.
**CARRIED**

## E. CORRESPONDENCE

## F. WORK PROGRAM

### 1. Housing

A. Jensen noted that the Township was not successful with the 2023 Housing Accelerator Fund Grant but will be applying for the BC Builds Grant.

Discussion ensued regarding housing needs for seniors in the Township and it was noted that Community Plans must have provisions for seniors housing i.e., adaptable housing, walkability, close to transportation etc. It was suggested that SAC members attend the different Township Open Houses to advocate for seniors needs.

It was further suggested that SAC prepare a survey for seniors needs in the Township.

**Action Item:**
A. Nierop to look into how to prepare this survey and the best method for delivery, and staff to find out the legal implications for doing such a survey in the Township.

To be discussed at the next meeting.

### 2. Transportation Mobility and Access

A. Jensen asked the committee members to have a brainstorming session to consider the following questions:

- What is the biggest transportation issue in the Township today?
- How easy/challenging it is to travel in the Township for all ages and abilities?
- What could be done to make it safer and more accessible to travel in the community?
- What could be done to encourage more residents to use active modes of transportation across the Township?
- What transportation trends do you think are important for the Transportation and Mobility Strategy to consider?

## F. WORK PROGRAM

- What do you wish community planners and engineers to consider when planning and designing new transportation infrastructure?
- Who else should we be talking to help inform this strategy?
- What is your one wish for the future of transportation in the Township?

Staff will compile the answers and present at the next meeting.

## G. COUNCIL REFERRALS

## H. OTHER BUSINESS AND ITEMS FOR INFORMATION

### 1. Information Item: 2023 Memorandum Seniors Shuttle Bus

Memo provided for information in agenda package.

### 2. SAC Work Plan Items: 2017-2023

Provided for information in agenda package.

### 3. Seniors Recreation Pass Update

A. Jensen reported that Council lowered the age of the Super Senior Pass which is lowered to $70 from $99 for a yearly pass, or $1 per visit.

### 4. SAC Photo

A photo was taken for the Township website.

## I. NEXT MEETING

**Date**: Wednesday, May 15, 2024
**Location**: Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC
**Time**: 7:00pm

## J. TERMINATE

The meeting terminated at 9:05pm.

**CERTIFIED CORRECT:**

Community Representative Co-Chair

Council Representative Co-Chair