SENIORS ADVISORY COMMITTEE

Wednesday, December 18, 2024 at 7:00pm
Salmon River Meeting Room
4th Floor, 20338-65 Avenue, Langley, BC

A G E N D A

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORIES OF THE COAST SALISH PEOPLES

Page

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – December 18, 2024

Recommendation that the Seniors Advisory Committee approve the agenda and receive the agenda items of the December 18, 2024 meeting.

B. ADOPTION OF MINUTES

1-4

1. Seniors Advisory Committee – November 20, 2024

Recommendation that the Seniors Advisory Committee adopt the Minutes of the November 20, 2024 meeting.

C. DELEGATIONS AND PRESENTATIONS

D. REPORTS

1. Co-Chair Reports

E. CORRESPONDENCE

Page

F. WORK PROGRAM

1. SAC Year End Report

Recommendation that the Seniors Advisory Committee receive and endorse the Seniors Advisory Committee 2024 Annual Report and ask staff to forward it to Council for information.

(To be provided on table)

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

I. NEXT MEETING

Date: Wednesday, January 22, 2024
Location: Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC
Time: 7:00pm

J. TERMINATE

Township of Langley

Est. 1873

SENIORS ADVISORY COMMITTEE

Wednesday, November 20, 2024 at 7:06pm
Salmon River Meeting Room
4th Floor, 20338-65 Avenue, Langley, BC

MINUTES

Present:
S. Baker, Community Co-Chair
Councillor T. Baillie, Council Co-Chair

P. Chhina, S. Hedao, K. Ludlam, A. Nierop, S. Soheili, T. Taylor, and S. Tingley

Guest:
S. Woykin, Langley Meals on Wheels

In Attendance:
P. Crump, Langley Seniors in Action

Staff:
A. Jensen, Manager, Strategic and Social Planning
K. Stepto, Recording Secretary

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORIES OF THE COAST SALISH PEOPLES

S. Baker acknowledged the Traditional Territories of the Coast Salish Peoples.

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – November 20, 2024

Moved by S. Soheili,
Seconded by P. Chhina,
That the Seniors Advisory Committee approve the agenda and receive the agenda items of the November 20, 2024 meeting.
CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – October 16, 2024

Moved by T. Taylor,
Seconded by K. Ludlam,
That the Seniors Advisory Committee adopt the Minutes of the October 16, 2024 meeting.
CARRIED

C. DELEGATIONS AND PRESENTATIONS

1. Shannon Woykin, Executive Director, Langley Meals on Wheels (LMOW)

S. Woykin provided a presentation regarding the Langley Meals on Wheels and noted that they have been delivering meals since 1979. The following information was provided:

Mission:
Deliver services to the communities for all to be fed, connected and supported. Committed to promoting health, dignity and social connection through food and community support.

Vision for the future:
Community Centered Approach:
No barriers – proving programs and reaching all those in need - seniors, individuals recovering from hospitalization, families/individuals facing food insecurity.

- Meal Programs include hundreds of nutritious meals delivered weekly.
- Safety check – 5,000 checks between 2022 and 2024
- LMOW programs are volunteer driven – 26,144 volunteer hours last year

Program Impact Highlights
- Currently over 300 volunteers
- Annual Meals Served: 73,231
- Clients Served: 576
- Subsidized Clients: 286
- Meal Delivery Routes Driven: 3,450

How the community is supported:
- Home from the Hospital program – daily meal delivery supporting those who are transitioning from hospital to home - 1834 meals delivered this year.
- LMOW Firehouse Café – social enterprise community café – revenue supports meal program subsidies and increased awareness.
- Food and Friends – 55+ social luncheon.
- Community Cooking Classes – promotes food literacy and healthy meal preparation.
- Community Garden Beds – growing fresh produce, involving community in sustainable food practices.
- Meal Café Gift Card Program – Discreet program providing access to meals at the LMOW Firehouse Café. No cost program providing food security with dignity. Available through local schools and service providers.
- Starfish Summer Program
- Healthy Living Bags
- “Let’s Talk Food Table” Initiative – collaborative community effort addressing food security and resource-sharing in Aldergrove.

C. DELEGATIONS AND PRESENTATIONS

- Space for Community Groups – space rentals providing availability of services – from counselling to community meetings.

Community Outreach:

- Community Outreach Meal Program – 11,200 meals last year.
- Referrals to services: 210 year to date.
- Reaching members of the community who often only have contact with first responders.

D. REPORTS

1. Co-Chair Reports

Councillor Baillie reported that he had a tour of the new "Aspire" Seniors Facility that was built on the Aldergrove rink site.

S. Baker reported the following:

- Participated in a Poverty Reduction meeting online.
- Attended the first Accessibility Committee meeting.
- Attended the Age-Well Conference in Edmonton.
- Attended the United Way "Summit on Aging" in Richmond.
- Participated in an advisory committee for a new podcast on ageism.

E. CORRESPONDENCE

F. WORK PROGRAM

1. Heat and Smoke Preparedness

COUNCIL
Moved by T. Taylor,
Seconded by P. Chhina,
Whereas the senior population in Langley is vulnerable to environmental heat and smoke-related emergencies;

Therefore be it resolved that the Seniors Advisory Committee recommends that Council direct staff to investigate opportunities to mitigate the risks posed to the senior population during heat and smoke-related emergencies, including but not limited to:

- Approach IAFF Local 4550 to assist in a process to inform and educate the community on the risk of heat-related events and places to find shelter.

F. WORK PROGRAM

- Utilize extreme-weather mapping data to identify areas/buildings in the Township and highlight locations that are in possible need of A/C or local cooling centres.

CARRIED

2. Business Arising from Minutes

Discussion ensued regarding accessing data collected by Stats Canada and other organizations regarding seniors.

A. Jensen provided information on the Toronto Seniors Housing Corporation which was discussed at the last meeting.

3. Work Program Review

A. Jensen reviewed the action items and motions that the committee has worked on this year.

4. SAC Year End Report

The year-end report will be presented at the December meeting for the committee's endorsement.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

I. NEXT MEETING

Date: Wednesday, December 18, 2024
Location: Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC
Time: 7:00pm

J. TERMINATE

The meeting terminated at 9:00pm.

CERTIFIED CORRECT:

Community Representative Co-Chair

Council Representative Co-Chair