SENIORS ADVISORY COMMITTEE

Wednesday, March 19, 2025 at 7:00pm
Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC

MINUTES

Present:
K. Ludlam, Community Co-Chair
Councillor T. Baillie, Council Co-Chair

T. Baty-Thomas, S. Bennett, F. Chan, L. Dysart, S. Hedao, A. Nierop, and S. Tingley

In Attendance:
P. Crump, Langley Seniors in Action

Staff:
J. Dewitt, Recreation Programmer
M. Gunn, Planner II, Community and Policy Planning
K. Stepto, Recording Secretary

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORIES OF THE COAST SALISH PEOPLES

K. Ludlam acknowledged the Traditional Territories of the Coast Salish Peoples.

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – March 19, 2025

Moved by S. Bennett,
Seconded by S. Hedao,
That the Seniors Advisory Committee approve the agenda and receive the agenda items of the March 19, 2025 meeting.
CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – February 19, 2025

Moved by L. Dysart,
Seconded by S. Bennett,
That the Seniors Advisory Committee adopt the Minutes of the February 19, 2025 meeting.
CARRIED

C. DELEGATIONS AND PRESENTATIONS

1. Township of Langley Recreation Programs and Services

J. Dewitt, Recreation Programmer, provided a presentation on programs and services for seniors in the Township. The following information was provided:

Seniors' Week 2024:

- 98 registrants
- Most popular activities were the Seniors Tea, Pickleball and "Tea, Treats and Bingo Sheets".

Tentative Seniors' Week 2025 Activities - June 2- 8:

- Fitness Circuit
- BC/Alberta Guide Dogs visit
- Tech help
- Chair fitness
- Water Walking in the Lazy River
- Yoga
- Volunteer Information Session
- Learn to play pickleball
- Treats and Bingo Sheets
- Zumba Gold
- Paint Workshop

What informs seniors' recreation programming?

- Community needs and customer feedback
- Individual community needs across Township of Langley
- Feedback on current programming – registration and waitlists
- Recreation trends (ie. Pickleball)
- Resources – staffing, spaces, equipment

Seniors' Recreation Program Highlights for 2025:

- Bridge
- Badminton
- Pickleball
- TIME
- Aqua Zumba
- Arthrosize
- Cardiac Maintenance
- Chair Pilates
- Chair Yoga
- Fit for Life
- Seniors' Small Group

Seniors' Annual Pass and Facility Usage:

- 16% increase in seniors with passes from 2023-2024 (could be due to the reduced Super Senior rate in 2024).
- 40% increase in pass scans within facilities from 2023 to 2024 for all senior usage.

C. DELEGATIONS AND PRESENTATIONS

Action: Staff to invite J. Dewitt back in the fall to provide a report on Seniors' Week 2025 and to receive input from the members regarding ideas for future Seniors' Weeks.

D. REPORTS

1. Co-Chair Report

Councillor Baillie commented on the challenges Local Governments face while trying to provide adequate housing for all sectors in the community: low income, seniors, families, etc.

Discussion ensued and the following comments were made:

- Collaborate with churches who are on large parcels of land to build affordable apartment units.
- Use existing structures – provide an incentive (potentially a tax incentive) for homeowners with extra rooms to rent these at a subsidized rate to seniors/youth etc. (ie. Happipad.com)

Action: Staff to invite a representative from Happipad to provide a presentation on their organization.

E. CORRESPONDENCE

F. WORK PROGRAM

1. Seniors Week: events and ideas

Staff encouraged members to participate in Seniors' Week activities and to come with ideas and suggestions in the fall when the topic is discussed again.

Members suggested having a Seniors Advisory Committee table at one of the Recreation Centres during Seniors' Week to present a survey.

Action: To be placed on the next agenda for further discussion. Staff will connect with the Township's Communication Department regarding survey protocols.

Action: Staff to distribute Seniors' Week poster to the committee for members to circulate to their networks.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. Update: Langley Events Centre pickleball courts

Staff reported that 10 recreational courts and one professional court will be built at the Langley Events Centre by late May or early June.

Four new tennis courts will be built at Yorkson Community Park.

2. Derek Doubleday: Outdoor Exercise Equipment

Staff provided a photo of the outdoor equipment at Derek Doubleday Arboretum for information.

3. Recreation Rates for Seniors

Staff reported that at the March 10, 2025 Regular Council meeting, it was proposed that the Seniors annual pass be reduced by 35% in 2025, and that the Super Seniors annual pass be reduced by 50%.

I. NEXT MEETING

Date: Wednesday, April 16, 2025
Location: Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC
Time: 7:00pm

J. TERMINATE

Moved by S. Bennett,
Seconded by T. Baty-Thomas,
That the meeting terminate at 8:55pm.
CARRIED

CERTIFIED CORRECT:

Community Representative Co-Chair

Council Representative Co-Chair