Township of Langley

Est. 1873

SENIORS ADVISORY COMMITTEE

Wednesday, January 21, 2026 at 4:00pm
Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC

MINUTES

Present:

K. Zhu, Community Co-Chair

C. Archer, S. Bennett, P. Chhina, L. Dysart, L. Fuller, S. Rai, P. Sutherland, and S. Tingley

Staff:
A. Jensen, Manager, Strategic and Social Planning
M. Gunn, Planner, Community and Policy Planning
C. Quin, Recording Secretary

Welcome

A. Jensen welcomed everyone, and roundtable introductions took place.

Code of Ethics Signing

Members signed the *"Code of Ethics, Confidentiality, and Conflict of Interest for Council Members and Appointees".*

Election

P. Sutherland nominated K. Zhu to be the Community Co-Chair for 2026.
L. Fuller seconded the nomination.

K. Zhu was elected Community Co-Chair for 2026, by acclamation, and assumed the position of Chair.

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORIES OF THE COAST SALISH PEOPLES

A. Jensen acknowledged the Traditional Territories of the Coast Salish Peoples.

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – January 21, 2026

Moved by L. Dysart,
Seconded by P. Chhina,
That the Seniors Advisory Committee approve the agenda and receive the agenda items of the January 21, 2026 meeting.
CARRIED

B. ADOPTION OF MINUTES and RECEIVAL OF NOTES

1. Seniors Advisory Committee – November 19, 2025

Moved by S. Tingley,
Seconded by S. Bennett,
That the Seniors Advisory Committee adopt the Minutes of the November 19, 2025 meeting.
CARRIED

C. DELEGATIONS AND PRESENTATIONS

D. REPORTS

1. Co-Chair Reports

No report

E. CORRESPONDENCE

F. WORK PROGRAM

1. Orientation to the SAC

M. Gunn presented an orientation on the Seniors Advisory Committee as follows:

Outline
- Introduction
- Terms of Reference
- Strategies
- Action Plans
- Work Program

ACTION: Staff to email members the Seniors Advisory Committee orientation links for information.

F. WORK PROGRAM

2. 2026 Work Plan

A. Jensen and M. Gunn provided an overview of the draft 2026 Work Plan as follows:

Project and Associated Tasks

Seniors' Week Events
- Presentation from TOL staff (engage on Seniors' Week events planning)
- Discussion of events and ideas

Survey
- Develop an annual survey to engage with seniors

Accessibility Plan
- Presentation and update on Accessibility Plan

Healthy Aging
- Primary Care Network: Frail and Elderly Network (Presentation from Langley Division of Family Practice)
- Social Prescribing (Presentation from Fraser Health)
- Tour of Langley Seniors Resource Society: Facility, Programming and Events
- Green Care Farm Model (Presentation from SFU)
- Langley Meals on Wheels Presentation

MOTION
Moved by L. Fuller,
Seconded by P. Sutherland,
That the Seniors Advisory Committee endorse the draft 2026 Work Plan, as presented.
CARRIED

COUNCIL
Moved by S. Bennett,
Seconded by S. Rai,
That the Seniors Advisory Committee recommends that Council approve the Seniors Advisory Committee 2026 Work Plan, presented as Attachment A.
CARRIED

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

1. Terms of Reference

Terms of Reference was provided for information.

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

2. Age- and Dementia-friendly Action Plan

Age- and Dementia-friendly Action Plan was provided for information

3. 2025 Work Plan

2025 Work Plan was provided for information.

4. 2026 Meeting Schedule

2026 meeting schedule was provided for information.

5. 2026 Membership List

Seniors Advisory Committee 2026 Membership List was provided for information.

6. SAC Photo

Photo to be taken at next meeting.

7. Additional Information

S. Tingley reported that Langley Senior Resources Society presents the 2026 Fort Langley Historic 5K, 10K and Half Marathon on February 22, 2026. She further reported that seniors' programs are being offered in Fort Langley at St. Georges Anglican Church and the Fort Langley Hall.

C. Archer reported that the Office of the Seniors' Advocate BC conduct extensive surveys.

C. Archer suggested Alzheimer's Society to present at a meeting.

S. Rai was enquiring of events and programs for youth to help with seniors.

I. NEXT MEETING

Date: Wednesday, February 18, 2026
Location: Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC
Time: 4:00pm

J. TERMINATE

Moved by L. Fuller,
Seconded by S. Bennett,
The meeting terminated at 5:34pm.
CARRIED

CERTIFIED CORRECT:

Community Representative Co-Chair	Council Representative Co-Chair

Seniors Advisory Committee
2026 Work Program

The Seniors Advisory Committee proposes to undertake the following work in 2026 consistent with the Committee's purpose and mandate.

Project & Associated Tasks
Seniors Week Events[1,2,4] • Presentations from TOL staff (engage on Seniors' Week events planning) • Discussion of events and ideas
Survey[1,2] • Develop an annual survey to engage with seniors
Accessibility Plan[3,4] • Presentation and update on Accessibility Plan
Healthy Aging[3,4,5] • Primary Care Network: Frail and Elderly Network (Presentation from Langley Division of Family Practice) • Social Prescribing (Presentation from Fraser Health) • Tour of Langley Seniors Resource Society: Facility, Programming & Events • Green Care Farm Model (Presentation from SFU) • Langley Meals On Wheels Presentation

Age and Dementia Friendly Strategy

[1]Priority 1 - Civic Participation and Employment
[2]Priority 2 - Communication and Information
[3]Priority 3 - Places and Mobility
[4]Priority 4 - Community Support and Health
[5]Priority 5 - Social Connection and Participation