SENIORS ADVISORY COMMITTEE

Wednesday, May 20, 2026 at 4:00pm
Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC

M I N U T E S

Present:
L. Fuller, Alternate Community Co-Chair
Councillor S. Ferguson, Council Co-Chair

S. Bennett, P. Chhina, L. Dysart, P. Sutherland, and S. Tingley

Staff:
V. Burnett, Council and Committee Clerk
M. Gunn, Planner, Community and Policy Planning
A. Jensen, Manager, Strategic and Social Planning
T. Kingsbury, Community Centre Supervisor

Alternate Co-Chair Appointment
Moved by P. Sutherland,
Seconded by S. Bennett,
That L. Fuller be the Alternate Community Co-chair for the May 20, 2026 Seniors Advisory Committee Meeting.
CARRIED

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORIES OF THE COAST SALISH PEOPLES

Councillor Ferguson acknowledged the Traditional Territories of the Coast Salish Peoples.

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – May 20, 2026

Moved by S. Bennett,
Seconded by P. Chhina,
That the Seniors Advisory Committee approve the agenda and receive the agenda items of the May 20, 2026 meeting.
CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – April 15, 2026

Moved by S. Bennett,
Seconded by L. Dysart,
That the Seniors Advisory Committee adopt the Minutes of the April 15, 2026 meeting.
CARRIED

C. DELEGATIONS AND PRESENTATIONS

1. Seniors Programs and Services

T. Kingsbury, Community Centre Supervisor, provided information about seniors' programs and services within the Township. He presented a calendar for Seniors' Week 2025, which included a variety of activities for different interests and comfort levels. The most successful classes based on registration were Seniors' Water Walking in the River, Learn to Play Pickleball, Seniors' Yoga, Seniors' Fitness Circuit, and Seniors' Week Paint Workshop.

The feedback for 2025 was positive overall. Participants preferred registered programs over drop-in programs, and they appreciated printed information as opposed to online information.

For 2026, programming will include previously successful programs and a few new programs, as well as extending these programs across different centres based on feedback from 2025.A 2026 schedule was provided.

Registration is available online, over the phone, and in person. Additionally, an RSVP line has been opened to reserve a spot by leaving a name and phone number. For more information visit tol.ca/seniorsweek.

Seniors Recreation Highlights for 2025

Recreation Offerings: Senior's Bridge, Adult Badminton, Adult Pickleball, and Adult Pickleball - Beginner.

Fitness and Aquatics Offerings: TIME Program, Minds in Motion, Arthrosize, Cardiac Maintenance, Chair Pilates, Chair Yoga, and Fit for Life.

New and Upcoming Programs

Recreation Offerings: Casual Chess and Conversations, Walnut Grove Crafters, Drop-in Game and Coffee Club, Seniors Art Class, and Seniors Social Program.

Fitness and Aquatics Offerings: Balance and Stability for Life, Seniors Small Group Training, Restorative Yoga, Water Walking at ACC, and Aquafit Classes.

C. DELEGATIONS AND PRESENTATIONS

Seniors annual pass sales were shown, and statistics showed that purchase numbers are increasing each year. Seniors facility usage has also increased, with 2025 showing 173,164 pass scans in total, and 68,005 pass scans so far in 2026. The Super Seniors pass is popular.

Discussion ensued and the following comments were provided:

Is Seniors' Week advertised on the Township website?
- Advertising is mostly done on the Township's website, social media, and with posters. Calendars are available at community centre front desks. Online registration is recommended.

Is Seniors' Week fully booked up?
- All activities have space currently, some are almost full, specifically the swimming activities.

Staff are accepting feedback and the opportunity to suggest programming.

D. REPORTS

1. Co-Chair Report

L. Fuller attended the Fragility Fracture Program; 31 people attended and she received positive feedback. Two registered nurses were present to speak about bone health. She reported that she was on the radio station CKNW to discuss lack of care homes and hospital funding. The Rotary Club of Langley is presenting the SASSY Awards on May 20, 2026. The event is a recognition of youth achievement in Langley. $1,200 will be presented to each winner.

Councillor Ferguson reported that he attended an Ecomm 9-1-1 meeting, they have a new program to ensure safety and delivery of services. He was appointed by Metro Vancouver to the Treaty Table eight years ago, which has allowed him the opportunity to discuss land use.

Seniors' Week is coming in June. He noted that the Langley Walk, and the May Day Parade were well attended. He also attended an event for fibromyalgia held by a local thrift store. He noted that the Yorkson Spray Park is now open. The formation of regional parks in Langley was discussed. He will be attending the SASSY Awards. The 2026 State of the Township event will be held May 21, 2026 at the Langley Events Centre.

E. CORRESPONDENCE

F. WORK PROGRAM

1. Survey Development

M. Gunn and A. Jensen discussed potential questions based on information from the previous meeting. Many of the questions provided options and were edited with feedback from the committee. Questions discussed at the previous meeting were also reviewed.

Discussion ensued and the following comments were made:

- Inclusion of a question to assess social isolation, such as asking about participation in community activities.
- Meals on Wheels and other organizations could assist with statistics on social isolation.
- A question focusing on digital discrimination and barriers, including challenges accessing information and completing forms.
- Accessibility and cost of food. A question asking if food resources are available to them.
- Location and the impact it can have on finances. For example, if they have access to transportation and affordable items.
- Adding a question about aging in place and accessibility in the home.

Based on discussion staff will consider additional questions focused on social isolation, food, and aging in place. Paper copies of the survey will be distributed by the committee. A draft survey will be provided in June for discussion.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

I. NEXT MEETING

Date: Wednesday, June 17, 2026
Location: Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC
Time: 4:00pm

J. TERMINATE

Moved by L. Dysart,
Seconded by P. Chhina,
That the meeting terminate at 5:13pm.
CARRIED

CERTIFIED CORRECT:

Community Representative Co-Chair	Council Representative Co-Chair