SENIORS ADVISORY COMMITTEE

Wednesday, June 17, 2026 at 4:00pm
Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC

M I N U T E S

Present:
L. Fuller, Alternate Community Co-Chair
Councillor T. Baillie, Council Co-Chair
Councillor S. Ferguson, Council Co-Chair

C. Archer, S. Bennett, P. Chhina, and S. Rai

Guests:
M. Lin, Frailty Pathway Project Lead, Fraser Health
S. Parsons, Clinical Resource Nurse, Fraser Health
G. Ponce, Operations Manager, Primary Care Network

Staff:
V. Burnett, Council and Committee Clerk
M. Gunn, Planner, Community and Policy Planning
A. Jensen, Manager, Strategic and Social Planning

Alternate Co-Chair Appointment
Moved by P. Chhina,
Seconded by S. Bennett,
That L. Fuller be appointed as Alternate Community Co-Chair for the June 17, 2026 Seniors Advisory Committee meeting.
CARRIED

ACKNOWLEDGEMENT OF THE TRADITIONAL TERRITORIES OF THE COAST SALISH PEOPLES

L. Fuller acknowledged the Traditional Territories of the Coast Salish Peoples.

A. APPROVAL AND RECEIPT OF AGENDA ITEMS

1. Seniors Advisory Committee – June 17, 2026

Moved by P. Chhina,
Seconded by S. Rai,
That the Seniors Advisory Committee approve the agenda and receive the agenda items of the June 17, 2026 meeting.
CARRIED

B. ADOPTION OF MINUTES

1. Seniors Advisory Committee – May 20, 2026

Moved by S. Rai,
Seconded by S. Bennett,
That the Seniors Advisory Committee adopt the Minutes of the May 20, 2026 meeting.
CARRIED

C. DELEGATIONS AND PRESENTATIONS

1. Primary Care Network

G. Ponce provided information regarding the Primary Care Network. The Primary Care Network (PCN) is a partnership between the BC Ministry of Health, Langley Division of Family Practice (LDFP), Fraser Health, Physicians, Nurse Practitioners, Allied Health, and Community Organizations that work together to provide primary care services. Langley PCN is in year four of implementation, with 44 Patient Medical Homes, and 182 Primary Care Providers.

Provincial Attachment Initiative:

- PCN works with local healthcare providers to match patients with general practitioners and nurse practitioners.
- They match patients based on healthcare needs and personal preference.
- Their goal is to ensure everyone in the community has access to continuous long term primary care.

Since April 2024, LDFP transitioned to the Health Connect Registry, and since September 2023, 25,112 patients have been attached. Registration can be done online through the Health Connect Registry, or over the phone by calling 8-1-1. 23 providers are currently accepting patients.

To be referred to PCN services, one must be referred to the Langley Primary Care Network by a family doctor or nurse practitioner, and must also be 18 years or older, attached to a Langley Primary Care Provider, be without extended benefits, and fall within the mild to moderate range.

Primary Care Network Services include:

- Clinical Counselling
- Registered Social Worker
- Clinical Pharmacy
- Hospital Discharge Program
- Pharma Day Program
- Fragility Fracture Prevention Program
- Metabolic Health and Lifestyle Program

Upcoming programs and services include Menopause Matters in late fall 2026, and Mental Wellness Group Education in fall 2026.

C. DELEGATIONS AND PRESENTATIONS

Discussion ensued and the following comments were made:

- They are currently attaching hundreds of patients per month, and the waitlist number has gone down significantly. With the Township population growing it is difficult to project the numbers for the future.
- There is a focus on long term care by encouraging practitioners to enter the field.

- There was discussion surrounding the Longitudinal Family Physician Model (LFP). LFP was made to encourage physicians to work as family doctors. It has been in place for two years and there have been positives and negatives to the approach.

2. Social Prescribing in Fraser Health

M. Lin and S. Parsons, Fraser Health, provided information about Social Prescribing.

Social Prescribing helps to connect seniors with resources and tailored wellness plans to promote healthy living. This program matches seniors with staff, referred to as Seniors Community Connectors (SCC). The SCC work with patients to understand their needs and come up with a tailored wellness plan. Recommendations can include exercise programs, meal programs, transportation, and more. Continuous follow up and reporting is done.

The program is targeted at seniors 65+ and aims to remove barriers for seniors obtaining resources. There are approximately 21 Senior Community Connectors in Langley, and about 100 in BC. The connectors receive standardized training in which they learn about interviewing, identifying risks, and forming wellness plans.

Fraser Health has partnered with United Way for the past seven years. Fraser Health helps to build pathways and connections so that care providers are aware of this program. They do this by forming partnerships, presenting, talking to schools, physicians, and the public health department. Marketing materials are used as well as referral process standardization.

3,000 to 5,000 patients participated in the past five years within the Fraser Health region. Seniors do not need to go through a clinician; they can be referred by anyone or self refer. Call 2-1-1 to find out more about social prescribing and connect with organizations.

The requirements for this program include being a senior aged 65 or older, having the ability to adopt a care plan, and maintaining follow-up with connectors. The Social Prescribing Program partners with nonprofit organizations, including the Langley Seniors Resource Society, to share resources with clients.

C. DELEGATIONS AND PRESENTATIONS

Michael Hill Health Research BC (MSHRBC) Grant

The purpose of the MSHRBC grant is to implement, evaluate, and sustain social prescribing in BC. Partners include BC Health Authorities, Ministry of Health, United Way BC, SFU and other universities, and nonprofits organizations.

The grant aims to evaluate how well social prescribing works, and how it can be improved. This will be done through surveys and interviews over the next few years.

Discussion ensued and the following comments were made:

Are there any restrictions based on living location? (e.g. care homes, assisted living)
- There are no explicit restrictions based on living location. Existing resources have restrictions, but connecters seek out resources that can apply to those in assisted living.

How do nonprofits become partners in the program?
- Currently there are many nonprofit partners. Those wanting to participate can collaborate with affiliated nonprofits to share information to clients.

D. REPORTS

1. Co-Chair Report

Councillor Ferguson noted that the Northwest Langley Liquid Waste Plant is currently the largest construction project in the Township and will contribute to the health of the community. There are three more Council Meetings left before the election in October. There will be a viewing of the FIFA World Cup game Canada vs. Qatar on June 18, 2026, at the Langley Events Centre.

L. Fuller reported that the Langley Central Rotary Club is starting their Canadian Flag Program. For a subscription fee, they will place a large Canada flag on your lawn for Canada Day, BC Day, and Labour Day.

E. CORRESPONDENCE

1. The Langley Seniors Resource Society

Councillor Ferguson received correspondence from the Langley Seniors Resource Society regarding the inclusion of a seniors' centre in the Township's plans for the proposed Willoughby Recreation Centre. They thanked Mayor and Council for their collaboration.

F. WORK PROGRAM

1. Survey

A. Jensen and M. Gunn provided a draft of the Seniors Services Survey. The first questions speak to the Township's offerings of services and programs, and what are most important to seniors. It aims to address challenges to accessing services. There are questions focused on identifying gaps in senior's resources, as well as to address technological difficulties and isolation. The survey includes demographic questions including location of residence and age.

Further revisions to the draft survey may be required. Once finalized, the survey will be available on the Township's website and will be posted on social media. Paper copies will be available and distributed by the committee.

Clerks Note: See Attachment A.

G. COUNCIL REFERRALS

H. OTHER BUSINESS AND ITEMS FOR INFORMATION

I. NEXT MEETING

Date: Wednesday, September 16, 2026
Location: Salmon River Committee Room
4th Floor, 20338-65 Avenue, Langley, BC
Time: 4:00pm

J. TERMINATE

Moved by P. Chhina,
Seconded by S. Rai,
That the meeting terminate at 5:37pm.
CARRIED

CERTIFIED CORRECT:

Community Representative Co-Chair

Council Representative Co-Chair

Seniors' Services Survey

We want to hear from you.

The Township of Langley is seeking feedback about services, programs, amenities, and housing needs for seniors in the community. Your answers will help us understand what is working well, identify areas for improvement, and support planning, partnerships, and advocacy for age-friendly services and housing options.

If you are answering on behalf of a senior, please answer based on their experience where possible.

Services, Programs, and Information

1. Overall, how satisfied are you with the services, amenities, and programs available for seniors? *Select one.*

- Very satisfied
- Satisfied
- Neither satisfied nor dissatisfied
- Dissatisfied
- Very dissatisfied
- Not sure / not aware of available services

2. Which of the following are most important to your quality of life as a senior? *Select up to 3.*

- Parks, trails, and outdoor spaces
- Recreation and fitness programs
- Community or seniors' centres
- Transportation options
- Access to health care and wellness services
- Feeling safe at home and in the community
- Social connection opportunities
- Housing supports
- Other: _____

3. What are the biggest challenges you face when trying to access Township services or programs? *Select up to 3.*

- I do not know what services are available

DRAFT

- It is hard to find information
- Transportation is difficult
- Programs or services cost too much
- Buildings and public spaces are hard to access or use
- Online services are difficult to use
- Programs do not meet my needs
- Program times are not convenient
- Language or communication barriers
- I need help from someone else to access services
- Other: _____

4. How informed do you feel about services and programs available to seniors?
Select one.

- Very well informed
- Well informed
- Somewhat informed
- Not very informed
- Not at all informed

5. How do you (or how would you like to) receive information about services and programs for seniors?
Select up to 3.

- Township website
- Email newsletter
- Social media
- Local newspaper
- Posters at Community / Seniors' Centre or libraries
- In-person assistance at Township facilities
- Family or friends
- Service provider or health professional
- Phone
- Other: _____

DRAFT

6. How comfortable are you using online services such as registration forms, websites, or email?
Select one.

- Very comfortable
- Somewhat comfortable
- Not very comfortable
- Not at all comfortable
- I do not use the internet
- I rely on others to help me access the internet
- Other: _____

Housing and Well-Being

7. How concerned are you about each of the following?
For each item, select one: Not concerned / Slightly concerned / Moderately concerned / Very concerned

- Knowing what housing or support options are available if my needs change

  Not concerned / Slightly concerned / Moderately concerned / Very concerned
- Knowing where to go for supports if my health needs change

  Not concerned / Slightly concerned / Moderately concerned / Very concerned
- Paying for food and other basic needs

  Not concerned / Slightly concerned / Moderately concerned / Very concerned
- Feeling socially isolated where I live

  Not concerned / Slightly concerned / Moderately concerned / Very concerned
- Other: _____

8. If you needed help finding services or supports, who would you contact first?
Select up to 3.

- Family or friend
- Doctor or health provider
- Seniors centre
- Township
- Social service organization
- Community volunteer

DRAFT

- I would search online
- I would not know where to go
- Other: _____

9. What change would most improve quality of life for seniors?
Select up to 3.

- More transportation options
- Lower-cost programs and services
- More accessible buildings and public spaces
- More social and recreational opportunities
- Better information about services and programs
- More health and wellness supports
- More housing supports
- Other: _____

Housing and Aging in Place

12. If you needed to move in the next 5 years, what would be the main reasons?
Select up to 3.

- My housing is too expensive
- My home is too difficult to maintain
- My home does not meet my mobility or accessibility needs
- I want to be closer to family or support
- I want to be closer to services, shops, or transit
- My health or care needs may change
- I may be asked to leave or can no longer stay where I live
- Concern about redevelopment or landlord sale
- Desire to downsize
- I do not expect to need to move
- Other: _____

DRAFT

14. Which housing options do you think are most needed for seniors in the Township of Langley?
Select up to 3.

- More affordable rental housing
- More below-market or non-profit housing
- More accessible housing for mobility needs
- More independent seniors housing
- More assisted living or supportive housing
- More smaller homes or apartments
- More housing close to transit, shops, and services
- More shared or co-housing options
- More affordable, age-friendly homes integrated into new neighbourhoods
- Other: _____

10. Is there anything else you would like to add?

About You

15. Are you completing this survey as:
Select one.

- A senior aged 55+
- A family member or caregiver of a senior
- A service provider
- Other: _____

16. Living Arrangement – Who do you live with?

- Alone
- Spouse/partner
- Family
- Friends/roommates
- Assisted living/supportive housing

17. Which age category do you fall into?
Select one.

- 19 years or younger

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- 20 to 24
- 25 to 34
- 35 to 44
- 45 to 54
- 55 to 64
- 65 to 74
- 75 to 84
- 85+
- Prefer not to answer

17. What community do you live in?
Select the closest answer.

- Aldergrove
- Brookswood-Fernridge
- Fort Langley
- Murrayville
- Rural Area
- Walnut Grove
- Willoughby-Willowbrook
- Do not live in the Township of Langley

Thank you for sharing your feedback. Your input will help the Township of Langley plan for services, programs, amenities, and housing options that better support seniors.

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